

## 2023 Summer Schedule

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY					
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B				
6:00																
6:15	6:00-7:00 Zumba		6:00-7:00 Sunrise Yoga		6:00-7:00 Zumba		6:00-7:00 Power Yoga		6:00-7:00 Zumba		6:00-7:00 Anything Goes Yoga					
6:30																
6:45																
7:00																
7:15	7:00-8:00 Yin Yoga		7:00-8:00 Zumba		7:00-8:00 Vinyasa Yoga		7:00-8:00 Zumba		7:00-8:00 Every Body Yoga		7:00-8:00 Zumba					
7:30																
7:45																
8:00																
8:15	8:00-9:00 Movin' to the Classics		8:00-9:00 Movin' to the Classics		8:00-9:00 Strength & Conditioning		8:00-9:00 Strength & Conditioning		8:00-9:00 Movin' to the Classics		8:00-9:00 Strength & Conditioning					
8:30																
8:45																
9:00																
9:15		8:45-10:00 Combo II		9:00-9:45 Adult Ballet		9:00-9:45 PreBallet & Tap		9:00-9:30 Parent & Me		9:00-9:45 Ballet I	9:00-9:45 PreBallet & Tap	9:00-9:45 Hip Hop 5-9 years				
9:30																
9:45					9:45-10:30 Adult Jazz		9:45-10:45 Combo I		9:30-10:15 PreBallet & Tap		9:45-10:30 Jazz I	9:45-10:45 Combo I	9:45-10:30 Ballet I			
10:00																
10:15		10:00-11:00 Combo I														
10:30																
10:45					10:30-11:15 Adult Tap				10:15-11:15 Combo I		10:30-11:15 Tap I		10:30-11:15 Jazz I			
11:00																
11:15		11:00-11:45 PreBallet & Tap														
11:30					11:15-12:00 Adult Hip Hop		10:45-12:00 Combo II				11:15-12:00 Tap II	10:45-12:00 Combo II	11:15-11:45 Parent & Me			
11:45													11:45-12:30 Musical Theater 5-9 years			
12:00					12:00-12:30 Parent & Me		12:00-12:30 Parent & Me				12:00-12:45 Jazz II	12:00-12:45 Ballet II				
12:15		12:15-1:15 Combo I														
12:30					12:30-1:15 PreBallet & Tap		12:30-1:15 Ballet I						12:30-1:15 Tap I			
12:45											12:45-1:30 Ballet II	12:45-1:30 Jazz II				
1:00																
1:15		1:15-2:30 Combo II														
1:30							1:15-2:00 Jazz I				1:30-2:00 Parent & Me	1:30-2:15 Tap II	1:15-2:15 Strength & Conditioning			
1:45																
2:00																
2:15																
2:30										2:00-2:45 PreBallet & Tap						
2:45																
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY					
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B				

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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